

**1 grades to 5 grades**



# After School Activity Program

**Elementary**

**August 2011**



Buenos Aires, Argentina

# After School Activity Program



## AFTER SCHOOL ACTIVITY PROGRAM BEGINNING TUESDAY AUGUST 23rd

It is time to register for the After School Activity Program! The deadline for signing up is **August 15th**.

Our After School Activity Program offers a cross-section of experiences for your child to learn new skills and to have time to socialize and develop a teamwork ethic with other students in a supportive environment.

Each activity presents age appropriate opportunities for children to explore personal interests. As such, if after a week or two, your child determines that he or she is not really interested in a particular activity, we are happy to arrange for a different opportunity. Our goal is that your child is stimulated and engaged in whichever activity is chosen.

Each activity begins at 3:45 and ends at 4:45 at which time the children will be in the Auditorium Lobby for you to pick up.

The program is non-profit and self-contained. All money collected goes to paying for teacher/coach fees, snacks, special equipment, etc.

The activities will cost 400 pesos for each day for the semester

### PAYMENTS PROCEDURES: AFTER CONFIRMATION VIA E-MAIL

CASH: only at any Branch of Banco Supervielle. Just provide your family # and family name. The bank will issue the official receipt.

CHECK : issued to ASOCIACION ESCUELAS LINCOLN:

Check In PESOS: at School.

Check In DOLLARS at School. NO DOLLAR BILLS

You will receive a confirmation of your child's registration via e-mail.

Each activity has a minimum of five students. Some activities also have a maximum number of participants. Please read the description of each activity carefully to determine appropriate grade level participation and any special requirements. Each description will also include the learning goals of the activity so you and your child can discuss the goals and how they are progressing.

While we know our program is designed to meet the needs of our students, we have found that we need to include two requests so that the program continues to function smoothly.

- **In the event that behavior problems develop, the teacher, coach, or coordinator will inform you of the questionable behavior and ask that you help your child resolve the issue. If the behavior problem continues, to interfere with our group objectives, your child will no longer be able to participate in the activity for the current semester.**
- **The activities end at 4:45. For the safety of your child and to comply with the requirement that all children be supervised when they are on campus, we need you to pick your child up at that time. If you are unable to consistently collect your child in a timely manner and we cannot resolve the issue, the school reserves the right to remove your child from the activity.**

### MARK YOUR CALENDARS

**SWIMMING BEGINS ON SEPTEMBER 5<sup>TH</sup> "Prior to the pool opening, from Tuesday August 23 until September 2, those students who are signed up**

for swimming will receive a variety of fun, active, and instructional sessions connected to healthy living and swimming life skills."

- Last week of activities: November 28<sup>th</sup> to December 2<sup>nd</sup>
- Closing ceremony:
- December 5<sup>th</sup> : Jazz, Cheerleaders, and Drama show.

We look forward to a wonderful semester of discovery and accomplishment. Thank you for your support and assistance with making this program so popular with our students!

For any other information, please contact Silvia Mondria  
[silvia.mondria@lincoln.edu.ar](mailto:silvia.mondria@lincoln.edu.ar) ext 471

## MONDAY

### MINI BASKETBALL

Place: Outdoor Court

For grades: 1-5

The children will learn the rules and skills needed to play basketball. There are many fun activities and drills that will help children learn this wonderful game in a fun way encouraging team spirit. Games with other schools will be planed.

### TRACK AND FIELD

Place: Track

For grades: 3-4-5

In this activity we will introduce the students to some of the experiences that Track & Field has to offer. Some examples of those events are shot put, long jump, races and hurdles. We are looking to open up the student's eyes to different events in track other than just running. Mar del plata trip, date to be confirmed.

SWIMMING BEGINS ON SEPTEMBER 5<sup>TH</sup> Prior to the pool opening, from Tuesday August 23 until September 2, those students who are signed up for swimming will receive a variety of fun, active, and instructional sessions connected to healthy living and swimming life skills."

Place: swimming pool

For grades 2-3

Swimming has both health and education benefits and contributes to young peoples' physical and social development.

This course is dedicated to developing the swimming strokes skills and knowledge they will need to gain confidence and body control in the water.

### ART AND CRAFTS- Ms. Leila, MS art teacher

Place: art room

For grades: 1-2-3

Come join us in the Art After School program, we will be painting, drawing, making papier-mache sculpture and masks, collages and much more.

### BALLET, JAZZ DANCE

Place: Lobby theater

Grades: 1-2

Ballet teaches skill, grace, poise, self discipline and self confidence. You will begin by learning the rules and traditional techniques of ballet which have been handed down over the centuries.. Your first ballet classes will introduce you to the basic positions and techniques of ballet. You will be taught how to hold your body correctly. You will practice simple skills such as skipping and jumping to improve your coordination and flexibility.

## MUSICAL THEATER

For grades 2-3-4-5

Musical Theatre for boys and girls! Acting, Dance and Singing!

Everyone will get the chance to shine.

We built sets, create costumes, have great songs and play wonderful characters.

We will be performing the musical "The Cuckoo" in June 2012. Please consider signing up for both semesters to be a part of the June performance.

## TUESDAY

### TENNIS-

Place: tennis court

For grades: 1-5

Come to play tennis and learn new skills, for beginners and intermediate and advanced levels, the teacher providing all the necessary equipment like racquets, nets, rings, etc. For beginners Intermediates and advanced level.

**SWIMMING BEGINS ON SEPTEMBER 5<sup>TH</sup> Prior to the pool opening, from Tuesday August 23 until September 2, those students who are signed up for swimming will receive a variety of fun, active, and instructional sessions connected to healthy living and swimming life skills."**

Place: swimming pool

For grades: 4-5

Come to develop your aquatic skills, teamwork, and the principles of good sportsmanship

Competitive swimming helps to build self-esteem, as swimmers improve your abilities in individual strokes and improve your personal best times.

We will plan to have a trip to Mar del plata October 1-2-3.

If you want to be part of the trip you need to come also on Thursdays

### CHEERLEADERS

Place: up to the new gym

For grades: 3-4-5

Dance and Cheer your heart out in this fun class.

Lincoln Cheerleader will help you with leadership, dancing, and you can expect lots of laughs!

Learning and practicing cheers, dance routines, stunting and tumbling

Non-competitive, fun atmosphere!

No previous cheer or dance experience necessary!

Wear the Lincoln cheerleader's uniform with gold metallic pom poms

### MINI BASKETBALL

Place: Auditorium

For grades 1-5

The children will learn the rules and skills needed to play basketball. There are many fun activities and drills that will help children learn this wonderful game in a fun way encouraging team spirit. The last class will be a presentation with uniforms

### TRACK AND FIELD

Place: Track

For grades 1-2

In this activity we will introduce the students to some of the experiences that Track & Field has to offer. Some examples of those events are shot put, long jump, races and hurdles. We are looking to open up the student's eyes to different events in track other than just running

## WEDNESDAY

KIDS COUNT - Elementary School Student Council (no fee)

For grades: 4-5

There is no fee for this activity.

Kids Count plans and organizes Spirit Days and other fun activities for the entire Elementary School. Consistent attendance is essential. Every Other Wednesday, starting on Wednesday August 18<sup>th</sup>

#### TAE KWONDO

Place: Gym

For grades: 1 - 5<sup>th</sup>

Students will learn the basic techniques of this martial art. They will develop their flexibility, agility and general physical condition together with discipline and teamwork. Tae kwon-Do not only benefits a student physically, but mentally, and spiritually as well.

#### JAZZ DANCE

Place: Auditorium

For grades: 3-4-5

The class will introduce basic jazz dance and hip hop skills in a playful setting. This is a class to feel the joy of movement and to have fun!

The last class will be a show with costumes and choreography

Don't miss the fun

**SWIMMING BEGINS ON SEPTEMBER 5<sup>TH</sup> Prior to the pool opening, from Tuesday August 23 until September 2, those students who are signed up for swimming will receive a variety of fun, active, and instructional sessions connected to healthy living and swimming life skills."**

Place: swimming pool

For grades: 1-2

Swimming has both health and education benefits and contributes to young peoples' physical and social development.

This course is dedicated to developing the swimming strokes skills and knowledge they will need to gain confidence and body control in the water.

#### GIRL SCOUTS OVERSEAS

Place: PTO Multipurpose Room

For grades: K-3 (Girls only)

Every other Wednesday

USA Girl Scouts Overseas now has a Daisy (grades K and 1, 10 girls) *and* a Brownie (grades 2 and 3 ,10 girls) troop at Lincoln. In an accepting and nurturing environment, girls build character and skills for success in the real world. Girls develop qualities that serve them all their lives, like leadership, strong values, social conscience, and conviction about their own potential and self-worth. They also have lots of fun doing it! Applications will be accepted based on first come first served as space is limited to **5 girls per troop**. We are also looking for committed adult volunteers as well.

#### TENNIS

Place: school tennis court

For grades: 1 to 5

Come to play tennis and learn new skills, for beginners and intermediate and advanced levels, the teacher providing all the necessary equipment like racquets, nets, rings, etc. For beginners and Intermediates level

#### THURSDAY

SOCCER boys & girls -Guille Farras

Place: Field 1

For Grades: 1

Come to learn soccer.

The coach will have fun drills and soccer skills exercises to improve everybody's level. Don't miss the fun.

## JAZZ DANCE-

Place: new gym foyer

For grades: 3-5

The class will introduce basic jazz dance and hip hop skills in a playful setting. This is a class to feel the joy of movement and to have fun!

The last class will be a show with costumes .

Don't miss the fun!

**SWIMMING BEGINS ON SEPTEMBER 5<sup>TH</sup> Prior to the pool opening, from Tuesday August 23 until September 2, those students who are signed up for swimming will receive a variety of fun, active, and instructional sessions connected to healthy living and swimming life skills."**

Place: swimming pool

For grades: 4-5

Come to develop your aquatic skills, teamwork, and the principles of good sportsmanship

Competitive swimming helps to build self-esteem, as swimmers improve your abilities in individual strokes and improve your personal best times.

## CHEERLEADERS & GYMNASTICS

Place: up to the new gym

For grades: 1-2

Dance and Cheer your heart out in this fun class.

Lincoln Cheerleader will help you with leadership, dancing, and you can expect lots of laughs!

Learning and practicing cheers, dance routines, stunting and tumbling

Non-competitive, fun atmosphere!

No previous cheer or dance experience necessary!

Wear the Lincoln cheerleader's uniform with gold metallic poms

## TENNIS

Place: school tennis court

For grades: 1-2

Come to play tennis and learn new skills, for beginners and intermediate and advanced levels, the teacher providing all the necessary equipment like racquets, nets, rings, etc. For beginners and Intermediates level

## YOGA CLUB

For grades 1-2

Stretching bodies... stretching minds!

Let's go from crazy to calm! How? With YOGA!

We will start off with fun poses to end up in a relaxing way.

Learn how to listen to your body and have the ability to control stress through breathing. Your body will feel healthier. Increase your self-esteem and gain greater concentration.

Bring a friend. Max of 10 students first sign first serve

## FRIDAY

## DRAMA & IMPROVISE CLUB

Place: Gym Foyer

For grades 3-4-5

Do you like acting? **IMPROVISE!** Do you like sports? **IMPROVISE!**

You don't know what to do? **IMPROVISE!** **IMPROV** is ideal for you.

We will play while we learn the basic concepts of improvisational theatre. Classes full of games and laughs. Be a member of the **Lincoln**

**Improv Team.** If you want to have fun, now you know what to do... **IMPROVISE!**

Here you will learn the basic concepts of improv technique and its application to theatre plays and social life.

## TENNIS-

Place: school tennis court

For grades: 1-5

Come to play tennis and learn new skills, for **beginners intermediate and advance levels**, the teacher providing all the necessary equipment like racquets, nets, rings, etc.

**SWIMMING BEGINS ON SEPTEMBER 5<sup>TH</sup> Prior to the pool opening, from Tuesday August 23 until September 2, those students who are signed up for swimming will receive a variety of fun, active, and instructional sessions connected to healthy living and swimming life skills."**

Place: swimming pool

For grades: 1-2-3

Swimming has both health and education benefits and contributes to young peoples' physical and social development. This course is dedicated to developing the swimming strokes skills and knowledge they will need to gain confidence and body control in the water

**SYNCHRONIZED SWIMMING (Begins on September 5<sup>th</sup>)**

**Prior to the pool opening, from Tuesday August 23 until September 2, those students who are signed up for swimming will receive a variety of fun, active, and instructional sessions connected to healthy living and swimming life skills."**

Place: pool

For grades: 1-5

This aerobic activity not only strengthens life saving swim skills but also enhances rhythmic grace in movement. It's a fun way to stay in shape. Join the Synchronized Swimming Activity!

**TAE KWONDO**

Place: Foyer

For grades: 1 - 5<sup>th</sup>

Students will learn the basic techniques of this martial art. They will develop their flexibility, agility and general physical condition together with discipline and teamwork. Tae kwon-Do not only improves a student physically, but mentally, and spiritually as well.

**TRACK AND FIELD**

Place: Track

For grades: 3-4-5

In this activity we will introduce the students to some of the experiences that Track & Field has to offer. Some examples of those events are shot put, long jump, races and hurdles. We are looking to open up the student's eyes to different events in track other than just running.

**MINI VOLLEY**

Place: Auditorium

For Grades 3-4-5

Come to play Volleyball! Get ready to bump, **set** and spike! Playing volleyball will help improve your flexibility, **balance** and **coordination**. We will meet with different local schools to play 4vs 4 games.

## **DATES TO REMEMBER**

*Course Confirmation during the week of August 15<sup>th</sup>*

*Classes begin on Tuesday August 23<sup>rd</sup>*

*Deadline for signing up is on Monday August 15<sup>th</sup>*

**VERY IMPORTANT:** after you have enrolled your child in an after School Activity, if there is a change in your child's scheduled time to leave school, PLEASE send a note authorizing the change. It is for

your child's safety and security. It's also needed to have our program run efficiently.

## PAYMENTS PROCEDURES

### AFTER CONFIRMATION VIA E-MAIL

**CASH:** only at any Branch of Banco Supervielle.  
Just provide your family # and family name. The bank will issue the official receipt.

**CHECK :** issued to Asociacion escuelas Lincoln:

**Check In PESOS at school**

**Check In DOLLARS at School.**

**NO DOLLAR BILLS**

## AFTER SCHOOL ACTIVITIES PROGRAM REGISTRATION FORM

I would like my child \_\_\_\_\_  
Grade\_\_\_\_Section\_\_\_\_\_ to participate in the following After School Activities.

<u>COURSE NAME</u>	<u>DAYS OF THE WEEK</u>				
_____	M	T	W	T	F
_____	M	T	W	T	F
_____	M	T	W	T	F

We will send a confirmation of your child's registration as soon as possible

PHONE NUMBER \_\_\_\_\_

EMERGENCY CONTACT \_\_\_\_\_

PARENTS NAME \_\_\_\_\_

People allowed to pick up my child (please include name and contact number)

\_\_\_\_\_

**AFTER SCHOOL ACTIVITIES PROGRAM**  
**REGISTRATION FORM**

I would like my child \_\_\_\_\_  
Grade \_\_\_ Section \_\_\_ to participate in the following After School  
Activities.

<u>COURSE NAME</u>	<u>DAYS OF THE WEEK</u>
_____	M T W T F
_____	M T W T F
_____	M T W T F

We will send a confirmation of your child's registration as soon as possible.

PHONE NUMBER \_\_\_\_\_

EMERGENCY CONTACT \_\_\_\_\_

PARENTS NAME \_\_\_\_\_

People allowed to pick up my child (please include name and contact number)

\_\_\_\_\_