

**LINCOLN Athletic Department
Athlete Contract**



Rules and Expectations:

1. Every player is expected to attend every mandatory practice, game, or meeting as scheduled by his/her coach. In the event of missing a practice, game, or meeting **without the coach's prior consent**, a one-game suspension will be given for the first offense. The second offense will result in a two game suspension. The third offense will result in the withdrawal from any upcoming mayor tournament (SAAC, FM, etc.) for that semester. The fourth offense will result in a removal from the team for that semester. ***You must contact your Coach at least one hour before practice if you are unable to participate. It is the responsibility of the student to obtain all contact information from his/her coach.***
2. Every player is expected to show up on time for all practices and games as determined by the coach. Please note that the time is in accordance with the coach's watch not the player's. Tardiness for a game will result in the player not participating in the first half of that game. The second offense will result in no participation for that game. The third will result in a two game suspension, and the fourth will result in the removal from the team. Tardiness to practices will be left to the coach's discretion.
3. Every player must show up to practice (or game) properly dressed with appropriate footwear and any other gear or equipment required by the coach. (shin guards for soccer). Any player who fails to do so will not be allowed to practice.
4. "Trash-talking" to opposing players, coaches and referees, as well as any type of disrespect or poor sportsmanship (as determined by the coach and/or Athletic Director) will NOT be tolerated. If this type of behavior should occur the player will be removed from the game, and could face possible suspension based on the coach's and/or Athletic Director's discretion. Every player is expected to be a positive force for the well being of the team. Poor attitude, bad language, and bad language, and bad sportsmanship are unacceptable. Any player who displays poor sportsmanship will be dealt with on an individual basis and their standing with the team will be reviewed by the coach and Athletic Director who hold the right to remove a player should he/she be in violation.
5. All student/athletes must meet the academic eligibility requirements as outlined in the LINCOLN Athletic and Activities Handbook.
6. In order for a high school student/athlete to participate in a practice or game for a particular day, he/she needs to be on campus and in class at 11:30 AM. If a student leaves school or misses class due to illness (ie. Set in nurse's office) he/she will not be able to return and participate in that day's practice or game.
7. No student will be allowed to sit out physical education class due to a game. Any student who is not feeling well enough to participate in PE will not be allowed to participate in the after school sports program.

8. It is understood that the selection to a sports team is at the discretion of its head coach according to selection criteria for a particular sport. Participation on a sports team or a conditioning class during a previous year does not constitute automatic selection for the following year.
9. Students who participate in another athletic competition outside school will be required to give school-sanctioned competitions priority or face possible dismissal from the team.
10. Students are required to use school provided transportation at all times for contests at the opposing school's site unless written consent between coach, athletic director and parent/guarding.
11. Uniforms and Equipment: The School views the care and maintenance of uniforms and equipment as the responsibility of all athletes. Each athlete is responsible for his or her uniform and equipment and must be returned them immediately following the competition. Athletes who fail to return their issued uniform and equipment will be bill a replacement fee.

Please print a copy of this page; sign and hand into your coach by your 1st day of practice.

Student /Athlete's Name: _____ **Grade:** _____

Student/Athlete's Signature: _____ **Date:** _____

Parent's Signature: _____ **Date:** _____

Parent's Phone Number: _____

Parent's Email _____